

The New York Center for Children
announces a

Therapeutic Group for Young Adults Transitioning to Independent Living

The group is a weekly discussion/support group for young adults who are preparing to exit the foster care system. This group provides an opportunity for transitioning youth to process their experiences in a non-judgmental, supportive environment with peers who have similar challenges. The purpose of this group is to provide a forum for these individuals to talk about their hopes, fears and expectations about independent living and to facilitate a conversation about what is needed to succeed as an independent adult.

The group is a weekly, one-hour commitment and runs for approximately 14 weeks.

Eligibility: Adolescents (ages 18-21) who are aging out of foster care.

When: Tuesday nights 6:30-7:30pm beginning September 2011

Where: Group is held at the New York Center for Children
333 East 70th Street, New York, NY 10021

Group members get a \$10 stipend and metrocard each week

For further information please contact:
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(212) 517-3012

All services are free and confidential